

Wakarusa Elementary  
**OCTOBER 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
	1.Chicken Fajita' Black Beans Lettuce/Cheese Cup Jello W/Pineapple Tidbits B'fast: Mini Waffles or Cereal	2.Sausage Pizza Cooked Carrots Apple Slices B'fast: B'fast Pizza or Cereal	3.Chicken Noodles Mashed Potatoes, Broccoli Mandarin Oranges Dinner Roll B'fast: B'fast Burrito or Cereal	4.Hamburger Sandwich Green Beans Pineapple Slices B'fast: Granola Bar or Cereal
7.Chicken Tenders Cooked Carrots Peaches, Dinner Roll B'fast: Mini Pancakes or Cereal	8.Soft Taco Lettuce/Cheese Cup Refried Beans Pineapple Slices B'fast: Egg Cheese Omelet or Cereal	9.Fiestada Pizza Broccoli Applesauce B'fast: Apple Cinnamon Toast or Cereal	10.Hot Ham & Cheese Green Beans Mixed Fruit B'fast: B'fast Bagel or Cereal	11.Sloppy Jo Sandwich Corn Mandarin Oranges B'fast: Nutri Grain Bar or Cereal
14. Paw Patrol Chicken Nuggets Broccoli Grapes Fetch Sticks B'fast: Apple Breadstick or Cereal RED RIBBON WEEK	15. Paw Patrol Nachos W/Meat/Cheese Tostito Scoops Black Beans, Apple Dog Bones B'fast: Scrambled Eggs W/Toast or Cereal RED RIBBON WEEK	16. Paw Patrol Cheese Pizza Corn Frozen Fruit Slushy Chew Sticks B'fast: Mini Pancakes or Cereal RED RIBBON WEEK	17. Paw Patrol Dogs in a blanket Raw Carrots W/Dip Pears Paw Cakes B'fast: B'fast Burrito or Cereal RED RIBBON WEEK	18.            FALL BREAK
21.            FALL BREAK	22. Nacho Bean Dip Tostito Chips Corn Peaches B'fast: Granola Bar or Cereal	23.Pepperoni Pizza Broccoli Applesauce B'fast: Mini Pancakes or Cereal	24.Chili Corn Bread Carrots/Celery W/Dip Frozen Fruit Slushy B'fast: Apple Cinnamon Toast or Cereal	25.Chicken Sandwich Baked Beans Mixed Fruit B'fast: Cinnamon Roll or Cereal
28.French Toast Smoky Links Hash Rounds 100% Juice B'fast: Apple Breadstick or Cereal	29.Spaghetti Green Beans, Garlic Toast Peaches B'fast: Mini Pancake Wraps or Cereal	30.Flatbread Pizza Marinara Sauce Broccoli Mixed Fruit B'fast: Scrambled Eggs W/Toast or Cereal	31. HALLOWEEN Creamed Chicken & Biscuit Cooked Carrots Pears B'fast: French Toast or Cereal	

\*Menu Subject To Change Without Prior Notice. **This institution is an equal opportunity provider**

\*\* **Breakfast is 7:40 A.M. 7:55 A.M. in Cafeteria.**