



Local Crisis Resources

Crisis Mental Health Services

If you or a loved one is in immediate danger, call 911, or go to your nearest emergency room.

Resources that can offer intensive help include the following:

- [Beacon Mental & Behavioral Health](#)
574-294-2621
Can provide 24/7 assessments and inpatient programs at Elkhart General **if over the age of 18 years old**
- [Goshen Hospital](#)
574-364-1000
Can arrange for a crisis assessment 24/7 to determine if inpatient mental health services are needed.
- [Memorial Epworth Center](#)
574-647-8400
Inpatient psychiatric care division of Memorial Hospital in South Bend, IN.
Care provided for adolescents (**ages 13 to 17**) and adults 18 and older.
- [Michiana Behavioral Health Center](#)
574-936-3784 or 800-795-6252
Provides assessments and inpatient services—as young as 5 years old
Located in Plymouth, IN. Available 24/7
- [Oaklawn](#)
574-533-1234 or 800-282-0809
Call emergency services 24/7. **During typical business hours, ask for the Access Center and tell them you have a mental health emergency. Oaklawn does not actually have an acute stay option but can assist with getting help**

Child Abuse Resources

- [Indiana's Child Abuse and Neglect Hotline](#)
1-800-800-5566
Call this number to report child abuse or neglect 24/7. This report can be made anonymously.
- [CAPS – Child and Parent Services](#)
574-295-2277
Provides support to children and parents in the Elkhart County community.
- [SCAN – Stop Child Abuse and Neglect](#)
800-752-7116
Has programs focused on prevention of child abuse/neglect or preservation of families as they recover.
- [Prevent Child Abuse Indiana](#)
1-800-244-5373
A division of *The Villages*; locate resources and educational information on issues related to child abuse & neglect

National Crisis Resources

- [American Foundation for Suicide Prevention](#)
Educates the public, funds research, advocates for policies and supports survivors of suicide loss and those affected by suicide.
- [NAMI's OK2talk](#)
Provides a space for teenagers and young adults with mental health concerns to share their stories and find support.
- [Loveisrespect.org](#)
1-866-331-9474
A project of the National Domestic Violence Hotline created to empower youth to prevent and end dating abuse. Available 24/7/365. Chat available through their website. Text LOVEIS to 22522. Call 1-866-331-9474, TTY 1-866-331-8453
- [RAINN National Sexual Assault Hotline](#)
1-800-656-HOPE (4673)
Available 24/7 for free. Chat is available through their website.
- [National Runaway Safe line](#)
1-800-RUNAWAY Federally-designated national communication system for runaway and homeless youth, providing solution-focused support. It is available 24/7 Texting is available through their website.
- [Safe Place](#)
National youth outreach and prevention program for young people under the age of 18 (up to 21 years of age in some communities) in need of immediate help and safety. Teens can use [TXT 4 HELP](#) to text live with a mental health professional and get help.

Addiction Resources

- [Indiana Addiction Hotline: https://www.in.gov/fssa/dmha/2933.htm](https://www.in.gov/fssa/dmha/2933.htm) 1.800.662.HELP (4357) The Indiana Addiction Hotline is available 24/7 for individuals seeking addiction treatment services in Indiana. Referral to state-approved agencies is provided by master's degree counselors. Hotline counselors can directly transfer calls to a treatment provider when available. Additional information and referrals are provided to community supports including Alcoholics Anonymous and Narcotics Anonymous. The Indiana Addiction Hotline also has bilingual capabilities.
- [Oaklawn: https://oaklawn.org/](https://oaklawn.org/) 574.533.1234 Oaklawn offers specialized addiction treatment programs for adolescents and adults in Elkhart and St. Joseph counties. Our programs range from traditional to complex, including those who are addicted to more than one substance, people who have failed in other programs or people who are also facing a mental illness.
- [Drug helpline: http://drughelpline.org/](http://drughelpline.org/) 1.888.633.3239 The National Drug Helpline provides accessible resources and contact information to anyone who may be in need of substance abuse or mental disorder help.
- [Center for Problem Resolution in Goshen: http://www.centerforproblemresolution.org/](http://www.centerforproblemresolution.org/) 574.533.0664 An alcohol and drug treatment agency in 1987. The Center incorporated in the state of Indiana in 1989 and has served Elkhart County for twenty-nine years. In 1991, The Center expanded by adding domestic violence programs to its community provisions. Center for Problem Resolution's goal is to effectively treat alcohol and drug-addicted clients in an outpatient setting.
- [Indiana Drug abuse website: https://drugabuse.com/usa/drug-abuse/indiana/](https://drugabuse.com/usa/drug-abuse/indiana/) 1.877.474.0884 For those seeking addiction treatment for themselves or a loved one, the DrugAbuse.com helpline is a private and convenient solution.
- [North Central Indiana Teen Challenge: www.nciteenchallenge.com/](http://www.nciteenchallenge.com/)
574-226-0789 Faith-based treatment center to help adults, teens and families freedom from addiction
- [Alcohol and Addiction Resource Center https://aarcinfo.org/](https://aarcinfo.org/) (574) 234-6024 Resource center for parents and families seeking education for themselves, a child, or a loved one. 818 East Jefferson Boulevard South Bend, IN 46617