



# Notes From Your Nurses

As the school year comes to a close, we want to thank you for working with us to help keep your student healthy. It is our pleasure to serve our community and we thank you for partnering with us!

## IMMUNIZATIONS

The Indiana State Department of Health has released Immunization requirements for the 2019-20 school year. Please see the below table for required and recommended vaccines for 2019-2020. **All immunizations should be up-to-date prior to start of the 2019-20 school year.**

| Grade          | Required for 2019-20 School Year-Indiana       | Recommended  |
|----------------|--|--|
| K-5th grade    | 3 Hepatitis B<br>5DTaP<br>4Polio               | 2Varicella<br>2MMR<br>2 Hepatitis A  |
| 6th-7th grade  | 3 Hepatitis B<br>5DTaP<br>4Polio<br>2Varicella | 2MMR<br>2 Hepatitis A<br>1 MCV4(Meningococcal)<br>1 Tdap (Tetanus, Diphtheria & Pertussis) |
| 8th-11th grade | 3 Hepatitis B<br>5DTaP<br>4Polio<br>2Varicella | 2MMR<br>1MCV4<br>1Tdap   |
| 12th grade     | 3 Hepatitis B<br>5DTaP<br>4Polio<br>2Varicella | 2MMR<br>2 Hepatitis A<br>2MCV4<br>1Tdap  |



- A** Avoid *unprotected* UV exposure, seek shade
- W** Wear sun protective clothing, a hat and sunglasses
- A** Apply sunscreen generously and often
- R** Routinely check skin and report changes
- E** Educate yourself and others

More information regarding sun safety can be found online at the CDC's website: <https://www.cdc.gov/cancer/dcpc/resources/features/skincancer/index.htm> or at the American Academy of Dermatology's site: <https://www.aad.org/public/spot-skin-cancer/learn-about-skin-cancer/detect>

Have a wonderful end to the school year. We wish you a safe, fun and relaxing summer!

We are in need of feminine hygiene products for our middle school and high school. We would love to accept any donation you would be willing to give!

### Your School Nurses,

- Brigitte Stump, Nappanee Elementary
- Carol Botset, Woodview Elementary
- Jen Thompson and Eve Mock, Wakarusa Elementary
- Sundown Deisch, NorthWood Middle School
- Jen Edwards, NorthWood High School