

NORTHWOOD HIGH SCHOOL  
May 2021 Menu

<b>Monday May 3</b>	<b>Tuesday May 4</b>	<b>Wednesday May 5</b>	<b>Thursday May 6</b>	<b>Friday May 7</b>
<b><u>Choose 1</u></b> Tilapia Cheeseburger Sandwich Grab and Go Salad	<b><u>Choose1</u></b> Corn Dogs Spicy Chicken Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Smothered Chicken Breast Meatball Sub Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Chicken Fajitas Pulled Pork Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Pepperoni Pizza Fish Sandwich Grab and Go Salad
<b><u>Sides</u></b> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<b><u>Sides</u></b> Mixed Vegetables Tossed Salad Celery w/PB Pears Baked Apples Fresh Fruit	<b><u>Sides</u></b> Sweet Potato Fries Tossed Salad Cucumbers w/Dip Applesauce Peaches Fresh Fruit	<b><u>Sides</u></b> Black Beans Tossed Salad Ice Cups Fresh Fruit	<b><u>Sides</u></b> Seasoned Diced Potatoes Tossed Salad Peppers and Dip Pineapple Mixed Fruit Fresh Fruit
Milk Bread/Butter	Milk Bread/Butter	Milk Bosco Stick	Milk	Milk
<b><u>Breakfast</u></b> French Toast	<b><u>Breakfast</u></b> Mini Donuts	<b><u>Breakfast</u></b> Pizza	<b><u>Breakfast</u></b> <u>Omelet/Toast</u>	<b><u>Breakfast</u></b> Baked Oatmeal w/muffin

**“This Institution is an Equal Opportunity Provider” Menu is subject to change without notice!**

**Breakfast is served from 7:20 am to 8:00 am in the cafeteria serving area**

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<b>Monday May 10</b>	<b>Tuesday May 11</b>	<b>Wednesday May 12</b>	<b>Thursday May 13</b>	<b>Friday May 14</b>
<b><u>Choose 1</u></b> Chicken and Noodles w Mashed Potatoes Hot Ham and Cheese Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Spicy Chicken Tenders Panther Burger Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Ravioli Chicken Filet Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Burrito Bar Uncrustable PB&J Grab and Go salad	<b><u>Choose 1</u></b> Cheesy Bread w/Marinara Pork BBQ Sandwich Grab and Go Salad
<b><u>Sides</u></b> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<b><u>Sides</u></b> Green Beans Tossed Salad Celery w/Peanut Butter Pears Strawberry Slices Fresh Fruit	<b><u>Sides</u></b> Roasted Squash Tossed Salad Cucumbers and Dip Peaches Applesauce Fresh Fruit	<b><u>Sides</u></b> Black Beans Tossed Salad Sherbet Fresh Fruit	<b><u>Sides</u></b> French Fries Tossed Salad Pasta Salad Pineapple Mixed Fruit Fresh Fruit
<b>Milk</b> Breadstick	Milk Bread/Butter	Milk Bosco Stick	Milk	Milk
<b><u>Breakfast</u></b> Bacon Egg Cheese Biscuit	<b><u>Breakfast</u></b> Mini Donuts	<b><u>Breakfast</u></b> Pizza	<b><u>Breakfast</u></b> French Toast Bites/Syrup	<b><u>Breakfast</u></b> Sausage Egg Cheese Burrito

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<b>Monday May 17</b>	<b>Tuesday May 18</b>	<b>Wednesday May 19</b>	<b>Thursday May 20</b>	<b>Friday May 21</b>
<b><u>Choose 1</u></b> Turkey Gravy w/Biscuit Tenderloin Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Mac and Cheese w/Smokies Cold Ham and Cheese Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Lasagna Grilled Chicken Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> Fish Wedge Hamburger Sandwich Grab and Go Salad	<b><u>Choose 1</u></b> <b>Assorted Pizza</b> <b>Cooks Choice Sandwich</b> Grab and Go Salad
<b><u>Sides</u></b> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<b><u>Sides</u></b> Mixed Vegetables Tossed Salad Celery w/PB Pears Peaches Fresh Fruit	<b><u>Sides</u></b> Edamame Tossed Salad Cucumbers and Dip Pineapple Baked Strawberries Fresh Fruit	<b><u>Sides</u></b> Sweet potato Fries Tossed Salad Frozen Fruit Cups Peach Cups Fresh Fruit	<b><u>Sides</u></b> Corn Tossed Salad Broccoli and Dip Mixed Fruit Applesauce Fresh Fruit
Milk Breadstick	Milk Bread/Butter	Milk Bosco Stick	Milk Cornbread	Milk
<b><u>Breakfast</u></b> Ultimate Breakfast Round	<b><u>Breakfast</u></b> Mini donuts	<b><u>Breakfast</u></b> Pizza	<b><u>Breakfast</u></b> French Toast sticks w/Smokies	<b><u>Breakfast</u></b> Pancakes/Syrup

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Monday May 24	Tuesday May 25	Wednesday May 26	Thursday May 27	Friday May 28
<u>Choose 1</u> <b>Cooks Choice</b>  Grab and Go Salad	<u>Choose 1</u> <b>Cooks Choice</b>  Grab and Go Salad	<u>Choose 1</u>	<u>Choose 1</u>  <b>Have a great summer!</b>	<u>Choose 1</u>
<u>Sides</u> Broccoli Tossed Salad Fruit Choice	<u>Sides</u> Vegetable Tossed Salad Fruit Choice	<u>Sides</u>	<u>Sides</u>	<u>Sides</u>
<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>	<b>Milk</b>
<b>Breakfast</b> Cooks choice	<b>Breakfast</b> Cooks Choice	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>

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