

Wakarusa Elementary

SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Chicken Sandwich Mixed Veg. Mandarin Oranges B'fast: Nutri-Grain Bar Fruit, Juice, Milk
4. LABOR DAY NO SCHOOL	5. Chicken Tenders Baked Beans Dinner Roll Mixed Fruit B'fast: Muffin Fruit, Juice, Milk	6. Sausage Pizza Broccoli Peaches B'fast: Nutri-Grain Bar Fruit, Juice, Milk	7. Beef Dippers Green Beans Dinner Roll Pears B'fast: Muffin Fruit, Juice, Milk	8. Sloppy Jo Sandwich Cooked Carrots Banana B'fast: Donut Fruit, Juice, Milk
11. Pancake Wrap Hash Rounds Mixed Fruit B'fast: Muffin Fruit, Juice, Milk	12 Chicken Fajita Lettuce/Cheese Cup Black Beans Peaches B'fast: Nutri-Grain Bar Fruit, Juice, Milk	13. Cheese Pizza Broccoli Applesauce B'fast: Goldfish Grahams Fruit, Juice, Milk	14. Chicken Drumstick Green Beans Dinner Roll Pears B'fast: Donut Fruit, Juice, Milk	15. Hot Dog Raw Carrots W/Dip Mixed Fruit B'fast: Cereal Bar Fruit, Juice, Milk
18. Pulled Pork Sandwich Broccoli W/Cheese Applesauce B'fast: Nutri-Grain Bar Fruit, Juice, Milk	19. Taco Lettuce/Cheese Cup Refried Beans Mixed Fruit B'fast: Muffin Fruit, Juice, Milk	20. Flat Bread Pizza Marinara Sauce Green Beans Baked Crisp B'fast: Lemon Bar Fruit, Juice, Milk	21. Mac & Cheese Smoky Links Peas Peaches B'fast: Cereal Bar Fruit, Juice, Milk	22. Hamburger Sandwich W/Cheese Raw Carrots W/Dip Applesauce B'fast: Donut Fruit, Juice, Milk
25. Chicken Nuggets Mixed Veg. Dinner Roll Peaches B'fast: Graham Crackers Fruit, Juice, Milk	26. Meat Balls Cooked Carrots Dinner Roll Blueberries B'fast: Cereal Bar Fruit, Juice, Milk	27. Fiestada Broccoli Pears B'fast: Muffin Fruit, Juice, Milk	28. Burrito Black Beans Peaches B'fast: Cinnamon Toast Fruit, Juice, Milk	39. Corn Dog Corn Grapes B'fast: Nutri-Grain Bar Fruit, Juice, Milk

Breakfast is 7:45-8:00 Grab & Go to classroom. **Menu subject to change without prior notice. *This institution is an equal opportunity provider.*